

ABSTRACT

Title

Case report of physiotherapy care for a patient with the diagnosis of lumboischiadic syndrome with L5 radicular irritation.

Objective

Acquisition of theoretical knowledge of kinesiology, functional and structural failures of lumbar spine and physiotherapy approaches used in this issue.

In a special section has been selected to develop a case study patient during work placements.

Summary

The general part of bachelors thesis contains a theoretical knowledge of kinesiology lumbar spine, as well as disorders of the axial system and diagnostic and therapeutic approaches to the back pain issue.

The practical part includes the case of a patient diagnosed with the syndrome lumboischiadic L5 irritation.

Key words

Lumboischiadic syndrome, radicular syndrome, back pain, disc herniation, rehabilitation, intervertebral disc.